

1st Quarter (44 Days)

Resources:

Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
1 st -2 nd : Aug 12-22	PE. intro. The Learner will learn Class Procedures, Leadership, Teamwork, Safety, Sportsmanship and Behavior	The learner will describe and follow physical education class rules. The learner will follow directions and use all equipment correctly so no one, including myself, gets hurt.	TEKS 5.11, 5.12, 5.13, 5.6C, 5.11A, 5.11B, 5.12C
3 rd : Aug 25-29	Physical Fitness Assessment Eagle Pro Day Fitness and Goal Setting	The learner will describe the benefits of participating in daily physical activity. The learner will describe why my body sweats when. The learner will find their heartbeat after exercising to determine if the learner worked hard or not.	TEKS 5.7, 5.8, 5.9, 5.10, 5.8A, 5.8B, 5.8C, 5.9A, 5.9B, 5.10A, 5.10B, 5.11B
4 th : Sept 2 -5	COOPERATIVE GAMES (Chasing & Fleeing) Agility	The learner will perform skill of chasing, fleeing and dodging correctly so that The learner will not bump into other students during activities	TEKS 5.4, 5.4A, 5.4B, 5.4C, 5.6
5 th : Sep 8 -12	COOPERATIVE GAMES (Throwing and catching)	The learner will demonstrate how to throw a ball underhand, overhand. The learner will demonstrate how to catch a ball with two hands/one hand. The learner will demonstrate the ready position/athletic stance for catching a ball.	TEKS 5.3, 3.6, 5.3A, 5.3B, 5.6A, 5.6B
6 th -8 th : Sept 15 - Oct 3	Flag Football	The learner will describe how teammates should treat each other. The learner will encourage their teammates with positive words and high-fives. The learner will include everyone on their team into the game, by making sure everyone has an equal number of turns. The learner will be a good winner and not rub it in the other team's face when the learner wins. The learner will be a good sport when the learner loses and not pout or cry. The learner will shake the winner's hand if the learner loses and tell them good game.	TEKS 5.1, 5.2, 5.3, .54, 5.6, 5.7, 5.1A, 5.1B, 5.1C, 5.2A, 5.2B, 5.3A, 5.3B, 5.3C, 5.3D, 5.3E, 5.3F, 5.3G, 5.3H, 5.3The learner, 5.4A, 5.4B, 5.4C, 5.6A, 5.6B, 5.6C
9 th : Oct 6-10	COOPERATIVE GAMES (agility)	The learner will describe moderate to vigorous physical activities. The learner will demonstrate daily stretches correctly. The learner will demonstrate fitness activities correctly. The learner will perform the FitnessGram Tests in the Healthy Fitness Zone	TEKS 5.7, 5.8, 5.9, 5.10, 5.8A, 5.8B, 5.8C, 5.9A, 5.9B, 5.10A, 5.10B, 5.11B

2nd Quarter (45 Days)			
Resources:			
Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
1s-2nd: Oct 14-30	Soccer	The learner will take turns. The learner will do my best to listen to feedback from the teacher and my peers. The learner will treat all members of my class with respect. The learner will keep trying even when a task is difficult.	TEKS 5.12, 5.13, 5.14, 5.15, 5.12A, 5.12B, 5.12C, 5.13A, 5.13B, 5.13C
3rd-6th: Nov. 3-20	Basketball	The learner will dribble a basketball with correct form. The learner will pass a variety of balls with the correct form. The learner will dribble under control while walking (Slow speed) to medium speed.	Dribbling and Passing TEKS 5.5.3, 5.6, 5.3B, 5.3C, 5.3D, 5.6A, 5.6B
7th: Dec. 1-5	COOPERATIVE GAMES (striking)	<ul style="list-style-type: none"> • Striking and volleying engage the large muscles, which allows for the development of gross motor coordination. • Striking and volleying enhances the development of muscular strength and endurance. • Striking and volleying improves your hand-eye coordination. • The ability to successfully strike and volley and object will allow for application in future physical activities. • Working cooperatively in physical education class is important because it helps us develop the appropriate social skills needed to effectively interact with others in cooperative settings. 	Striking and Volleying TEKS 5.3, 5.6, 5.3E, 5.3F, 5.3G, 5.6A, 5.6B
8th- 9th: Dec. 8-18	Physical Fitness Assessment Eagle Pro Day Fitness and Goal Setting	The learner will describe the benefits of participating in daily physical activity. The learner will describe why my body sweats when the learner is exercising. The learner will find their heartbeat/pulse after exercising to determine if the learner worked hard or not.	TEKS 5.7, 5.8, 5.9, 5.10, 5.8A, 5.8B, 5.8C, 5.9A, 5.9B, 5.10A, 5.10B, 5.11B

Resources:

Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
1st: Jan. 6 - 9	Recreational Games	The learner will describe how teammates should treat each other. The learner will encourage their teammates with positive words and high-fives. The learner will include everyone on their team into the game, by making sure everyone has an equal number of turns. The learner will be a good winner and not rub it in the other team's face when the learner wins. The learner will be a good sport when the learner loses and not pout or cry. The learner will shake the winner's hand if the learner loses and tell them good game.	TEKS 5.1, 5.2, 5.3, .54, 5.6, 5.7, 5.1A, 5.1B, 5.1C, 5.2A, 5.2B, 5.3A, 5.3B, 5.3C, 5.3D, 5.3E, 5.3F, 5.3G, 5.3H, 5.3The learner, 5.4A, 5.4B, 5.4C, 5.6A, 5.6B, 5.6C
2nd: Jan. 12 -16	COOPERATIVE GAMES (Teamwork)	The learner will describe how teammates should treat each other. The learner will encourage their teammates with positive words and high-fives. The learner will include everyone on their team into the game, by making sure everyone has an equal number of turns. The learner will be a good winner and not rub it in the other team's face when the learner wins. The learner will be a good sport when the learner loses and not pout or cry. The learner will shake the winner's hand if the learner loses and tell them good game.	TEKS 5.1, 5.2, 5.3, .54, 5.6, 5.7, 5.1A, 5.1B, 5.1C, 5.2A, 5.2B, 5.3A, 5.3B, 5.3C, 5.3D, 5.3E, 5.3F, 5.3G, 5.3H, 5.3The learner, 5.4A, 5.4B, 5.4C, 5.6A, 5.6B, 5.6C
3rd: Jan. 20 - 23	Ultimate Frisbee/frisbee golf	The learner will take turns. The learner will do their best to listen to feedback from the teacher and my peers. The learner will treat all members of my class with respect. The learner will keep trying even when a task is difficult.	TEKS 5.12, 5.13, 5.14, 5.15, 5.12A, 5.12B, 5.12C, 5.13A, 5.13B, 5.13C
4th: Jan. 26 -30	COOPERATIVE GAMES (Teamwork)	Engaging in a variety of cooperative and recreational games that allow for the participation in physical activities outside of the physical education setting to improve fitness. • Selecting activities based on enjoyment allows for continued success and participating throughout the lifetime. • Working cooperatively in physical education class is important because it helps us develop the appropriate social skills needed to effectively interact with others in cooperative settings.	TEKS 5.12, 5.13, 5.14, 5.15, 5.12A, 5.12B, 5.12C, 5.13A, 5.13B, 5.13C
5th: Feb. 2 -6	Field Hockey	The learner will describe how teammates should treat each other. The learner will encourage their teammates with positive words and high-fives. The learner will include everyone on their team into the game, by making sure everyone has an equal number of turns. The learner will be a good winner and not rub it in the other team's	TEKS 5.1, 5.2, 5.3, .54, 5.6, 5.7, 5.1A, 5.1B, 5.1C, 5.2A, 5.2B, 5.3A, 5.3B, 5.3C, 5.3D, 5.3E, 5.3F, 5.3G, 5.3H, 5.3The learner, 5.4A, 5.4B, 5.4C, 5.6A, 5.6B, 5.6C

Grade 8 Subject
3rd Quarter (42 Days)

Resources:

Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
		face when the learner wins. The learner will be a good sport when the learner loses and not pout or cry. The learner will shake the winner's hand if the learner loses and tell them good game.	
6th: Feb. 9 -13	COOPERATIVE GAMES Kickball/Longball	The learner will describe how teammates should treat each other. The learner will encourage their teammates with positive words and high-fives. The learner will include everyone on their team into the game, by making sure everyone has an equal number of turns. The learner will be a good winner and not rub it in the other team's face when the learner wins. The learner will be a good sport when the learner loses and not pout or cry. The learner will shake the winner's hand if the learner loses and tell them good game.	TEKS 5.1, 5.2, 5.3, .54, 5.6, 5.7, 5.1A, 5.1B, 5.1C, 5.2A, 5.2B, 5.3A, 5.3B, 5.3C, 5.3D, 5.3E, 5.3F, 5.3G, 5.3H, 5.3IThe learner, 5.4A, 5.4B, 5.4C, 5.6A, 5.6B, 5.6C
7th-8th: Feb. 16 -26	Ramadan Volleyball	The learner will take turns. The learner will do their best to listen to feedback from the teacher and my peers. The learner will treat all members of my class with respect. The learner will keep trying even when a task is difficult.	TEKS 5.12, 5.13, 5.14, 5.15, 5.12A, 5.12B, 5.12C, 5.13A, 5.13B, 5.13C
Spring Break March 11-15			

4th Quarter (49 Days)

Resources:

Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
1st-2nd: Mar. 23 -Apr 3	March Madness	The learner will take turns. The learner will do their best to listen to feedback from the teacher and my peers. The learner will treat all members of my class with respect. The learner will keep trying even when a task is difficult.	TEKS 5.12, 5.13, 5.14, 5.15, 5.12A, 5.12B, 5.12C, 5.13A, 5.13B, 5.13C
3rd : Apr. 6 -10	STAAR Recreational Games	The learner will describe how teammates should treat each other. The learner will encourage their teammates with positive words and high-fives. The learner will include everyone on their team into the game, by making sure everyone has an equal number of turns. The learner will be a good winner and not rub it in the other team's face when the learner wins. The learner will be a good sport when the learner loses and not pout or cry. The	TEKS 5.1, 5.2, 5.3, .54, 5.6, 5.7, 5.1A, 5.1B, 5.1C, 5.2A, 5.2B, 5.3A, 5.3B, 5.3C, 5.3D, 5.3E, 5.3F, 5.3G, 5.3H, 5.3IThe learner, 5.4A, 5.4B, 5.4C, 5.6A, 5.6B, 5.6C

Resources:

Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
		learner will shake the winner's hand if the learner loses and tell them good game.	
4th: Apr. 13 -17	Mini Soccer Tournament	The learner will describe how teammates should treat each other. The learner will encourage their teammates with positive words and high-fives. The learner will include everyone on their team into the game, by making sure everyone has an equal number of turns. The learner will be a good winner and not rub it in the other team's face when the learner wins. The learner will be a good sport when the learner loses and not pout or cry. The learner will shake the winner's hand if the learner loses and tell them good game.	TEKS 5.1, 5.2, 5.3, .54, 5.6, 5.7, 5.1A, 5.1B, 5.1C, 5.2A, 5.2B, 5.3A, 5.3B, 5.3C, 5.3D, 5.3E, 5.3F, 5.3G, 5.3H, 5.3The learner, 5.4A, 5.4B, 5.4C, 5.6A, 5.6B, 5.6C
5th: Apr. 20 - 24	Mini Flag Football Tournament	The learner will describe how teammates should treat each other. The learner will encourage my teammates with positive words and high-fives. The learner will include everyone on my team into the game, by making sure everyone has an equal number of turns.	TEKS 5.1, 5.2, 5.3, .54, 5.6, 5.7, 5.1A, 5.1B, 5.1C, 5.2A, 5.2B, 5.3A, 5.3B, 5.3C, 5.3D, 5.3E, 5.3F, 5.3G, 5.3H, 5.3The learner, 5.4A, 5.4B, 5.4C, 5.6A, 5.6B, 5.6C
6th-7th: Apr. 27 -May 8	Physical Fitness Assessment Eagle Pro Day Fitness and Goal Setting	The learner will describe the benefits of participating in daily physical activity. The learner will describe why my body sweats when the learner is exercising. The learner will find their heartbeat/pulse after exercising to determine if the learner worked hard or not.	TEKS 5.7, 5.8, 5.9, 5.10, 5.8A, 5.8B, 5.8C, 5.9A, 5.9B, 5.10A, 5.10B, 5.11B
May 8th-22nd	Recreational Games	The learner will describe how teammates should treat each other. The learner will encourage their teammates with positive words and high-fives. The learner will include everyone on their team into the game, by making sure everyone has an equal number of turns. The learner will be a good winner and not rub it in the other team's face when the learner wins. The learner will be a good sport when the learner loses and not pout or cry. The learner will shake the winner's hand if the learner loses and tell them good game.	TEKS 5.1, 5.2, 5.3, .54, 5.6, 5.7, 5.1A, 5.1B, 5.1C, 5.2A, 5.2B, 5.3A, 5.3B, 5.3C, 5.3D, 5.3E, 5.3F, 5.3G, 5.3H, 5.3The learner, 5.4A, 5.4B, 5.4C, 5.6A, 5.6B, 5.6C