



1 st Quarter (44 Days)			
Week	Unit/Lesson	Learning Objectives	Writing
1 st : Aug 8-9 (2 days)	Class Procedures/Classroom agreements Ice breakers	General requirements/Introduction	§116.52.I A&B
2 nd : Aug 12-16 (5 days)	Introduction to Soccer Ball Safety Ball Mastery	Increase understanding of Soccer Playing Safe/Hydration/Rules of the Game	§116.52. C.3.A,B, C
3 rd : Aug 19-23 (5 days)	Off Season Program	Strength, agility and conditioning	§116.55 C.1.A,B 4.A.B, C,D,E,F 5.A,B,C
4 th : Aug 26-30 (5 days)	Off Season Program	Strength, agility and conditioning	§116.55 C.1.A,B 4.A.B, C,D,E,F
5 th : Sept 2-6 (4 days)	Monday: Labor Day Holiday Methodology Terminology Team Warm up	Different Systems of play/Learning Terminology Team Warm Up	§116.55 3. A,B,C,D
6 th : Sept 9-13 (5 days)	Methodology and Formations Team Warm up Dribbling/Ball Mastery	Why and how why we play possession The students will learn to dribble a soccer ball correctly Ball Mastery learning different feints with and without the ball	§116.55 3. A,B,C,D
7 th : Sept 16-20 (5 days)	Dribbling/Ball Mastery Technical Review	Continue to learn and practice to dribble a soccer ball correctly	§116.55 C. 1,2,3
8 th : Sept 23-27 (4 days)	Dribbling/Ball Mastery Passing Friday: Professional Development	learn and practice different methods of passing.	§116.55 C. 1,2,3
9 th : Sep 30-Oct 4 (5 days)	Passing Technical/tactical Review Review Skills	build on passing techniques. Learn to create movement and space	§116.55 C. 1,2,3
10 th : Oct 7-11 (5 days)	Passing Heading/Trapping	Learn to control the ball in the air in various ways. Continue building on passing technique	§116.55 C. 1,2,3

2nd Quarter (43 Days)			
Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
1st: Oct 14-18 (5 days)	Shooting/Goalkeeping Heading/Trapping Individual offensive and defensive strategies	Practice shooting on goal. Introduction to Goalkeeper and their role Spacing offensively and compacting defensively	§116.55 C.1234567
2nd: Oct 21-25 (5 days)	Shooting/Goalkeeping Technical Review Team defensive and offensive strategies	Practice shooting on goal. Introduction to Goalkeeper and their role Spacing offensively and compacting defensively	§116.55 C.1B 2B
3rd: Oct 28-Nov 1 (4 days)	Review skills Skill test Scrimmage	Review all skills and terminology Test all skills	§116.55 5,A,B,C
4th: Nov 4- 8 (5 days)	Set Plays Throw ins	Intro to set plays. What we should do offensively and defensively	§116.55 7.A,B,C,D,E
5th: Nov 11-15 (5 days)	Review Skills Set Plays Corner Kicks	Intro to set plays. What we should do offensively and defensively	§116.55 5,A,B,C
6th: Nov 18-22 (5 days)	Review Skills Set Plays-Indirect/Direct Kicks	Intro to set plays. What we should do offensively and defensively	§116.55 5,A,B,C
Thanksgiving Holiday Nov 25-29			
8th: Dec 2-6 (5 days)	Small Sided Games	Match Day/Game Day Preparation	§116.55 3ABCD
9th: Dec 9-13 (5 days)	Review skills Skill test Scrimmage	Match Day/Game Day Preparation	§116.55 7.A,B,C,D
10th : Dec 16- 20 (5 days)	Off Season Program	Strength, agility and conditioning	§116.52.I A&B
Winter Break Dec 23- Jan 3			



3 rd Quarter (44 Days)			
Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
1 st : Jan 6-10 (5 days)	Introduction Basketball Safety	General requirements/Introduction of Basketball History to present day	§116.52. C.3.A,B, C
2 nd : Jan 13-17 (5 days)	Introduction to Basketball continued/Rules of the game	Cont'd History of Basketball. Understanding Rules of the game	§116.55 C.1.A,B 4.A.B, C,D,E,F 5.A,B,C
3 rd : Jan 20-24 (4 days)	Methodology Terminology Team Warm up	Different Systems of play/Learning Terminology Team Warm Up	§116.55 C.1.A,B 4.A.B, C,D,E,F
4 th : Jan 27-31 (5 days)	Ball Handling	To introduce ball handling, dribbling skills;and a few rules of basketball.	§116.55 3. A,B,C,D
5 th : Feb 3-7 (5 days)	Triple Threat	Introduce proper footwork and body positioning	§116.55 3. A,B,C,D
6 th : Feb 10-14 (4 days)	Ball Handling Dribbling Skills Passing	To continue with ball handling and dribbling skills; jump stops and pivots; and introduce a number of passing drills.	§116.55 C. 1,2,3
7 th : Feb 17-21 (4 days)	Dribbling skills Passing	To continue with ball handling and dribbling skills; jump stops and pivots; and introduce a number of passing drills.	§116.55 C. 1,2,3
8 th : Feb 24-28 (5 days)	Review dribbling, passing Shooting- Lay-up, jump, set shots	To introduce ball handling and dribbling skills; jump stops and pivots, Set shots; and a few rules of basketball.	§116.55 C. 1,2,3
9 th :March 3-7 (5 days)	Review dribbling, passing Shooting- Lay-up, set shots	To continue with ball handling and dribbling skills; jump stops and pivots; lay-ups; and the mechanics of shooting	§116.55 C. 1,2,3
Spring Break March 10-14			



4th Quarter (46 Days)			
Week	Unit/Lesson	Learning Objectives	Reporting Categories (TEKS SEs)
1st: Mar 17-21 (5 days)	Review skills Rebounding / pick / pick and roll	introduce the fundamentals of rebounding and it's principles. Boxing out and swim moves	§116.55 C.1234567
		Ramadan/Eid Break March 24-31	
2nd: April 1-4 (5 days)	Review skills Jump Stop/Pivot	introduce correct footwork and movement in basketball to enable players to beat defenders, get free to receive the pass and open up more shooting opportunities	§116.55 C.1B 2B
3rd: April 7-11 (5 day)	Review skills Rebounding / pick / pick and roll Individual defensive and offensive strategies	introduce correct footwork and movement in basketball to enable players to beat defenders, get free to receive the pass and open up more shooting opportunity	§116.55 5,A,B,C
4th: April 14-18 (5 days)	Review skills Skill Test	Review all skills and terminology Test all skills	§116.55 7.A,B,C,D,E
5th: April 21-25 (2 days)	Review skills Skill Test Scrimmage games	Review all skills and terminology Test all skills	§116.55 5,A,B,C
6th: Apr 28-May 2 (5 days)	STAAR Situational Game Scenarios	Go over situational strategies that often occur during games	§116.55 5,A,B,C
7th: May 5-9 (5 days)	STAAR Situational Game Scenarios	Go over situational strategies that often occur during games	§116.55 6.A,B,C,D
8th: May 12-16 (5 days)	Skill Test Scrimmage games	Game Day/Game Day Preparation	§116.55 3ABCD
9th: May 19-23 (5 days)	Award Ceremonies / Graduation Ceremonies	Award Ceremonies / Graduation Ceremonies	Award Ceremonies / Graduation Ceremonies
10th: May 26-28 (5 days)	Award Ceremonies / Graduation Ceremonies	Award Ceremonies / Graduation Ceremonies	Award Ceremonies / Graduation Ceremonies