



1st Quarter (44 Days)		
Resources: Lead Worthy curriculum https://community.leadworthy.org/		
Week	Unit/ Lesson	Learning Objectives
Week 1	Chapter One /Getting acquainted	Students will begin to create relationship with the course leader and understand the purpose of <i>LeadWorthy</i> and journaling.
Week 2	Chapter One/ Building the social contract	Students will understand the structure and components of the social contract and build a social contract for the class.
Week 3	Chapter One/ Attitude	Students will determine the meaning of attitude and understand the importance of it as a leadership component.
Week 4	Chapter One/ Developing Relationships	Students will understand the importance of first impressions and how to develop relationships among the class.
Week 5	Chapter One/ Goals for the future	Students will comprehend the concept of personal mastery and identify personal goals for the course.
Week 6	Chapter Two/ Self Concept	Students will understand how social experiences, social comparisons, and reflected appraisals affect self concept.
Week 7	Chapter Two/ self Confidence	Students will develop an understanding of the importance of accepting positive feedback and the problem of basing self concept on one's performance.
Week 8	Chapter Two/ Reframing	Students will practice the process of reframing and how it affects self-concept.
Week 9	Chapter Two/ Internal & External qualities of a leader	Students will understand the internal qualities of leaders and the external qualities that affect self-presentation.
Week 10	Chapter Three/ Emotional Intelligence	Students will understand the difference between IQ and EI

2nd Quarter (43 Days)		
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Week	Unit/ Lesson	Learning Objectives
Week 1	Chapter Three/ Self Awareness	Students will comprehend the concept of self-awareness as one of the emotional intelligence scales.



2nd Quarter (43 Days)		
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Week 2	Chapter Three/ Self-control and Empathy	Students will relate the concept of self-control and empathy to their lives.
Week 3	Chapter Three/ Self motivation	Students will comprehend how self motivation is essential to leadership
Week 4	Chapter Four/ Image	Students will dedifferentiate between image and self-concept and understand impressions management.
Week 5	Chapter Four/ Public vs Private Self	Students will see the relationship between public and private self.
Week 6	Chapter Four/ Values	Students will explore ways our values are determined and how to demonstrate to others.
Week 7	Chapter Four/ Community Service	Students will evaluate the value of community service and develop a plan to serve their community.
Week 8	Chapter Five/ Your Thoughts	Students will understand that they are responsible for their own thoughts and understand automatic thoughts.
Week 9	Chapter Five/ Your Actions	Students will understand how to take responsibility for their own actions.

3 rd Quarter (43 Days)		
Resources: Lead Worthy curriculum https://community.leadworthy.org/		
Week	Unit/ Lesson	Learning Objectives
Week 1	Chapter Five/ Choices have consequences	Students will determine the difference between immediate and delayed consequences and evaluate the effect of their choices on their lives.
Week 2	Chapter Five/ Accepting Responsibility	Students will discuss how to become more responsible in their lives.
Week 3	Chapter Six/ Standards	Students will define standards and understand moral relativism
Week 4	Chapter Six/ Principals	Students will decide on principals for their lives.



3 rd Quarter (43 Days)		
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Week 5	Chapter Six/ Personal Mission Statement	Students will design a speech that present their personal mission statement.
Week 6	Chapter Six / Public Speaking	Students will learn the tools of becoming an effective communicator
Week 7	Chapter Seven/ Peer Pressure	Students will identify the forms of peer pressure and evaluate ways to handle it.
Week 8	Chapter Seven/ Bullying	Students will identify the negative effects of bullying on the victim and develop skills to counter it.
Week 9	Chapter Seven/ Defending Skills against Bullying	Students will learn and demonstrate acceptable ways to handle bullying.

4 th Quarter (46 Days)		
Resources: Lead Worthy curriculum https://community.leadworthy.org/		
Week	Unit/ Lesson	Learning Objectives
Week 1	Chapter Seven/ Rescuing Skills from Bullying	Students will understand the concept of rescuing skills and demonstrate these skills.
Week 2	Chapter Eight/ Family and personal relationships	Students will demonstrate affirming and listening skills and understand the importance of these skills in making family relationships more meaningful.
Week 3	Chapter Eight/ Improving the Quality	Students will explore the four different ways to make a family relationship more meaningful.
Week 4	Chapter Eight/ Family Dynamics	Students will evaluate how they view themselves and their families using the circumplex model.
Week 5	Chapter Nine/ Getting a Vision	Students will be able to define vision and understand how leaders turn vision into reality.
Week 6	Chapter Nine/ Being Proactive	Students will compare and contrast the fatalistic and proactive approaches in life.



4th Quarter (46 Days)

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Week 7	Chapter Nine/ Developing our vision 1	Students will learn the five steps in developing a vision for their school.
Week 8	Chapter Nine/ Developing our vision 2	Students will use the five steps to develop their personal vision.
Week 9	Chapter Nine/ Speeches and Conclusions	Students will demonstrate the effective use of posture, movement, gesture, eye contact, facial expression and voice in delivering their assigned speeches.