



**2017-18 Scope & Sequence**  
**Grade:PK-8th Subject: Physical Education & Health**  
**Theme: Survivor: P.E. Game Changers**

<b>1<sup>st</sup> Quarter (43 Days)</b>			
	<b>Unit/Lesson</b>	<b>Learning Objectives</b>	<b>Reporting Categories ( TEKS SEs)</b>
<b>1<sup>st</sup>: Aug 14-18</b> <i>(5 days)</i>	Satellites	P.E. Safety and Procedures Thunder Jets Running Club	PK.1-8.1 The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.
<b>2<sup>nd</sup>: Aug 21-25</b> <i>(5 days)</i>	Follow the Leader	Learning Pathways Curved, straight, zig zag	PK.2-8.2 The student applies movement concepts and principles to the learning and development of motor skills.
<b>3<sup>rd</sup>: Aug 28-31</b> <i>(4 days)</i>	Survivor Tag	Muscular strength and endurance, aerobic capacity	PK.5-8.5 The student understands safety practices associated with physical activity and space.
<b>4<sup>th</sup>: Sept 5-8</b> <i>(4 days)</i>	Jedi Masters	Spatial and body awareness, striking	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
<b>5<sup>th</sup>: Sept 11-15</b> <i>(5 days)</i>	Capture the Pin	Moving efficiently in general space, throwing and catching	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
<b>6<sup>th</sup>: Sept 18-22</b> <i>(5 days)</i>	Fitness War	Muscular strength and endurance, aerobic capacity	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
<b>7<sup>th</sup>: Sept 25-29</b> <i>(5 days)</i>	Kings Court	Service return, stroke placement, principles of rebound	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
<b>8<sup>th</sup>: Oct 2-6</b> <i>(5 days)</i>	Team Pin Battle	Target practice: Hand and eye coordination	PK.3-8.3 The student exhibits a health-enhancing, physically active lifestyle that improves health and provides opportunities for enjoyment and challenge.
<b>9<sup>th</sup>: Oct 9-13</b> <i>(5 days)</i>	<b>Kid Fit Strong Challenge</b> <b>University of Houston</b>	Aerobic capacity	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.



2nd Quarter (43 Days)			
Week	Unit/Lesson	Learning Objectives	Reporting Categories ( TEKS SEs)
1 <sup>st</sup> : Oct 16-19 (4 days)	Zig Zag Fitness	Learn and practice: Pathways Zig zag, curved, and straight	PK.1-8.1 The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.
2 <sup>nd</sup> : Oct 23-27 (5 days)	Basketball Tournament	Team Play Dribbling, Pivoting, Bounce and Chest passing	PK.7-8.7 The student develops positive self-management and social skills needed to work independently and with others in physical activity settings.
3 <sup>rd</sup> : Oct 31- Nov 3 (4 days)	Marathon Kids Kickoff Hunters Glen Park	Cardiovascular Endurance (Heart and Lungs)	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
4 <sup>th</sup> : Nov 6-10 (5 days)	Canon ball	Learn and practice: Shuffle, Slide, Pass	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
5 <sup>th</sup> : Nov 13-17 (5 days)	Knights of the Round Table	Practice throwing and dodging skills	PK.1-8.1 The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.
6 <sup>th</sup> : Nov 27- Dec 1 (5 days)	Fitness Gram Testing: Curl ups, pushups, trunk lift, and PACER	Cardiovascular Endurance (Heart and Lungs) Muscular Strength (pushups and curl ups) Muscular Endurance (running and bike riding) Flexibility (yoga, stretches, trunk lift)	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
7 <sup>th</sup> : Dec 4-8 (5 days)	Grand Prize Game	Learn benefits of exercise: Mind, Body and Soul	PK.7-8.7 The student develops positive self-management and social skills needed to work independently and with others in physical activity settings.
8 <sup>th</sup> : Dec 11-15 (5 days)	The Collectors	Spatial awareness, kicking, trapping	PK.3-8.3 The student exhibits a health-enhancing, physically active lifestyle that improves health and provides opportunities for enjoyment and challenge.
9 <sup>th</sup> : Dec 18-22 (5 days)	Jedi Master	Moving efficiently in general space, throwing and catching	Review



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3rd Quarter (42 Days)			
Week	Unit/Lesson	Learning Objectives	Reporting Categories ( TEKS SEs)
<b>1st: Jan 8-12</b> (5 days)	Crazy Cones	Learn and practice throwing and catching	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
<b>2nd : Jan 16-18</b> (3 days)	Blitz	Batting, pitching, fielding	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
<b>3rd : Jan 22-26</b> (5 days)	Nucleus	Spatial awareness, non-locomotor skills, locomotor skills	PK.1-8.1 The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.
<b>4th: Jan 29-Feb 2</b> (5 days)	<b>Jump Rope 4 Heart Campaign</b>	Spatial and body awareness, locomotor skills, non-locomotor skills, rhythmic sequencing	PK.7-8.7 The student develops positive self-management and social skills needed to work independently and with others in physical activity settings.
<b>5th: Feb 5-9</b> (5 days)	Agility & Plyometric Course	Various manipulative skills, body awareness	PK.3-8.3 The student exhibits a health-enhancing, physically active lifestyle that improves health and provides opportunities for enjoyment and challenge.
<b>6th: Feb 12-16</b> (5 days)	Hula Hut Battle	Practice Teamwork and Communication	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
<b>7th : Feb 20-23</b> (4 days)	Fitness War	Various manipulative skills, body awareness	PK.5-8.5 The student understands safety practices associated with physical activity and space.
<b>8th: Feb 26- Mar 2</b> (5 days)	Speed Ball	Learn and practice ball control	PK.1-8.1 The student demonstrates competency in fundamental movement patterns and proficiency in a few specialized movement forms.
<b>9th: Mar 5-9</b> (5 days)	<b>Jump Rope 4 Heart Celebration</b>	Cardiovascular Endurance (Heart and Lungs)	PK.3-8.3 The student exhibits a health-enhancing, physically active lifestyle that improves health and provides opportunities for enjoyment and challenge.



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<b>4th Quarter (48 Days)</b>			
<b>Week</b>	<b>Unit/Lesson</b>	<b>Learning Objectives</b>	<b>Reporting Categories ( TEKS SEs)</b>
<b>1<sup>st</sup>: Mar 19-23</b> (5 days)	Gestapo Tag	Flag pulling correct play of game	PK.5-8.5 The student understands safety practices associated with physical activity and space.
<b>2<sup>nd</sup>: Mar 26-30</b> (5 days)	<b>7<sup>th</sup> Annual Bike &amp; Skate A Thon</b>	Cardiovascular Endurance (Heart and Lungs) Muscular Endurance (running and bike riding)	PK.2-8.2 The student applies movement concepts and principles to the learning and development of motor skills.
<b>3<sup>rd</sup>: Apr 2-6</b> (5 days)	Bust Out	Flag pulling penalty box guarding correct play of game	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
<b>4<sup>th</sup>: Apr 9-13</b> (5 days)	Noodle Tag	Agility and change of direction Safe tagging	PK.5-8.5 The student understands safety practices associated with physical activity and space.
<b>5<sup>th</sup>: April 16-19</b> (4 days)	Powerball	Learn and practice offense and defense	PK.2-8.2 The student applies movement concepts and principles to the learning and development of motor skills.
<b>6<sup>th</sup>: Apr 23- 27</b> (5 days)	<b>Marathon Kids Kickoff Hunters Glen Park</b>	Cardiovascular Endurance (Heart and Lungs)	PK.4-8.4 The student knows the benefits from being involved in daily physical activity and factors that affect physical performance.
<b>7<sup>th</sup>: Apr 30- May 4</b> (5 days)	<b>Fitness Gram Testing: Curl ups, pushups, trunk lift, and PACER</b>	Cardiovascular Endurance (Heart and Lungs) Muscular Strength (pushups and curl ups) Muscular Endurance (running and bike riding) Flexibility (yoga, stretches, trunk lift)	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
<b>8<sup>th</sup>: May 7-11</b> (5 days)	<b>End of Year P.E. Test</b>	Students will self-assess fitness levels and interpret the results. Practice and understand fitness concepts, plan and set goals	PK.6-8.6 The student understands basic components such as strategies and rules of structured physical activities including, but not limited to, games, sports, dance, and gymnastics.
<b>9<sup>th</sup>: May 14-18</b> (5 days)	<b>Survivor Field Day Events</b>	End of the year event showcasing many of the different activities and skills taught during our fun filled P.E. classes.	PK.5-8.5: The student understands safety practices associated with physical activity and space.
<b>10<sup>th</sup>: May 21-24</b> (4 days)	Ultimate Flag Pull	Flag pulling and correct play of game	PK.5-8.5: The student understands safety practices associated with physical activity and space.